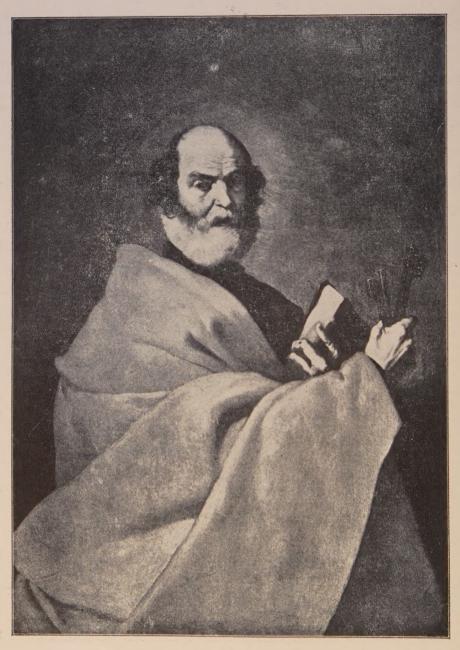
June, 1953

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Saint Peter By Ribera

The Holy Cross Magazine

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1953

The Hidden Life

By MERLE G. WALKER

THE life of active Christians in the world is always an equilibrium, sometimes even a tension, between exterior d interior works. There is an outer life of gorous action: of almsgiving, of evanlism, of fund-raising, acts of charity, and rish projects. Up to a point, these works e a valid test of the sincerity of our nion with Our Lord. He Himself conantly emphasized this fact: "Be ye doers of e word;" "By their fruits ye shall know em." As the author of the Cloud of Unowing shows, Mary and Martha must made sisters, truly kin, if the soul's house to become a Bethany for the Divine est. "In the beginning was the Word; hold Him to whom Mary listened; and the ord was made flesh; behold Him whom artha served." (St. Augustine)

Yet despite the necessity for exterior orks, the interior life must have first place. He true end of man is not service for God, at adoration of God. Our Lord did not the in His Incarnation to turn the expand world of the Roman Empire upside we, nor to free the Jews from temporal pression, but as Simeon said to our Lady

"that the thoughts of all hearts shall be revealed." The end of man is not, as it was for the Greeks and still is for the humanists, a temporal world made perfect in justice, but an eternal city of God, in which mankind shall be raised up from within, through penitence and love, into the fulness of the stature of Christ. External works are but the outside of our religious life . . . the visible, tangible, measurable part of a life which in its true essence is, as St. Paul said, "hid with Christ in God."

Beneath the noisy anxiousness of our public lives is a life which the world does not see, and cannot understand. In the average social group the mention of the Name of God is as embarrassing as an obscenity was to a Mid-Victorian. To speak of the inner life is felt as a breach of good manners. We must accept that kind of loneliness, that occasional feeling even of unreality in the world, and ask the prayers of the Blessed Virgin, one of whose greatest services to Our Lord was to provide Him, first in Her womb and then at Nazareth, with hiddenness.

But this hidden life is not, after all, really lonely, for it is also a shared life. It is not

only hid; it is hid with Christ in God. Father Chad Walsh says that one of the most frightening things about the Christian life is that it is absolutely without privacy. To Him all hearts are open, all desires are known. We are never alone. The hidden life is an uninterrupted life between the soul and God. It is always a shared communion . . . the continual giving of God to the soul, and the continual giving of the soul to God. Each gives the other an entire self-neither is lost or swallowed up in the other. Despite our careless use of mystical language, the soul is not lost in the ocean of God's being. Our Catholic doctrines of the resurrection of the Body and the Communion of Saints preserve us from the sentimental temptation to regard union with God as self-annihilation: sanctity is not so easy as all that. We have got to be ourselves forever, and the hidden life we have and give to Him is necessary as our part of that loving relationship in which He gives Himself to us.

This means that the interior life of prayer has two indispensable parts: God's part and man's part. Let us now consider it in more detail: What are we to do, and what are we to allow God to do within us?

In humility we must first accept the fact that God's part is by far the greater. The life of prayer is predominantly God's work



in the soul, and not the soul lifting hers to God by her own efforts. The interior 1 is not primarily a matter of "our prayer God is the initiator. Prayer begins in I preventive grace. Francis Thompson's green figure of the "hound of heaven" is a r symbol. For Our Lord Himself said, " have not chosen me, but I have chosen voi It would be well for us to pause sometin as we kneel to say our prayers and ask o selves the sober question: "How on ear did I ever get here anyhow?" We begin w the awestruck realization that despite of patent unworthiness, our utter ignorance how even to begin to pray, and still more how to proceed once we have begun, God: reasons of His own has put His finger. not upon someone more gifted, more int ligent, more loving or more spiritual, l upon ME. As the Mozarabic Liturgy presses it: "Thou hast laid on me the sp of desire, O Christ; Thou hast charged with Thy divine love." This is the first a lasting miracle of the interior life: He ! kindled the desire for Him in our cold hear He is the aggressor; He is the pursurer; a the truth of the crucifix is that He will rather than let us go.

God's part, then is first and greatest. If first interior works of the soul must works of cooperation with Him. Let us n examine God's part in the life of Pray and the proper answering responses of soul.

We must remember that, from God's si prayer is the work of the whole Trin within us. It is, first of all, the work of C the Father, who created the soul, and h the soul's work is meekness toward s Our life of prayer takes place in a parti lar unique soul which God has made. He made it as it pleased Him, in a certain fa ion, with certain capacities and without c tain others which are to be found in differ souls. When our soul is perfected, it will be Him in a particular way, which is not exact like the love of any other soul, a way wh He desires and cherishes because He is (Father. The Kingdom of Heaven is not be a society of spiritual robots, each say some identical and perfect prayers. It is to

stead a heavenly plenteousness, a rich fuless, in which God shall be perfectly and empletely loved, not by one perfect Saint, it by all redeemed mankind. There are vift saints and slow saints; saints like the eraphim whose way is always a flame of ve and adoration; and others who must ruggle like St. Augustine through the byays and wastelands to find Him, and whose egretful cry is "Late have I loved Thee." od loves all equally, but He loves all peronally. The life of prayer by which He will ad me to union with Himself has a form nd shape, even a proper speed, and a efinite capacity which is His will for my oul and for no other.

This holy diversity of souls is shown in ur Lord's own ministry. How different rere the natures and traits of the early aposes and saints! He chose a Saint Peter who as active, impulsive, rash and vacillating; Saint John, who looked on Him once and as never again really separated. Could here be two more unlike Saints than St. 'heresa of Avila and St. Theresa of Lisieux . . the "eagle and the dove" as Rebecca Vest calls them? It is hard to believe that other could have put up with the other's ompany without the utmost charity. Yet he interior life of each was the perfect example of a particular kind of sanctity.

Our first interior work, then, is meekess toward self: the acceptance of ourselves nd our own capacities. It is so much easier indulge in spiritual envy: to suppose that we had the intellectual understanding f one person, or the knowledge of theology f a second, or the fervour of devotion of a nird, we should pray better. The Abbé de ourville has given excellent advice for ouls. "We must," he says, "free ourselves the anxious desire to be (like) other souls, owever virtuous or wise they may be. We e brothers and sisters of the saints. They ecame holy in their way; we must become oly in ours. The practical question for us not to know whether they became saints not . . . we know that they did . . . but hat saints in order to reach sanctity have ad to follow the path which God has made articularly ours. Therefore leave your soul,



FACE OF OUR LORD Fresco from the Catacombs

too, to pray as suits it best, in its own way, without strain." (*Letters of Direction* by the Abbé de Tourville, edited by Evelyn Underhill, Dacre papers).

We can say then, that God the Father's part in the interior life requires a patient acceptance of the privacy and personalness of our own response to the love of God. But left to itself this individualism has a danger. Just because we are partial and different beings, if we follow only our own soul's bent we shall become biased, warped, unhealthy. The interior life must be both personal and social; personal in its sincere relation to God: social, in being a part of that corporate interior life of the whole organism of persons which is together, not separately the Bride of Christ. As we discover that kind of prayer to which we are adapted; that method of meditation through which we know we do grow in the knowledge and love of Christ, we must also enter more fully into an entire life, which is balanced and whole only in the prayer of the Church. For example, some of us are drawn, by our own natures and by our problems and sufferings to the Cross. St. Theresa said she could always be lifted to mental prayer by meditation on our Lord scourged at the pillar. But to avoid morbidness, our prayer must also at times be made to dwell, not only on the Cross to which we are naturally drawn, but on the glorious and joyful mysteries as well. Growth in private prayer is always accompanied by the devil's own temptation to spiritual self-indulgence. Father Huntington is said to have defined

false mysticism as "beginning in mist, ending in schism and centered about I." All of us know by experience what this means. We have all been tempted at times to withdraw from the plain fare of our parish life, and go off on private devotional binges. Overfondness for private prayer is always a danger; always preferring the small early service when there are few other souls in church to distract us is a danger. Choosing a quiet meditation at home when we really could go to a week day Mass is a danger. The only corrective is sharing the prayer of Christ's body: the balanced cycle of the Church's year, demanding sometimes that we be penitent when we feel like being festive, and festive when we feel like being penitent. The long, quiet period of Trinity when we are commanded to meditate upon the stern, unemotional truths of doctrine is good medicine for souls, too prone to the heights of feasts and the depths of penitential fasts. In one of her revelations a voice came to Dame Julian of Norwich, bidding her look away from the Cross at which she was gazi:



THE HOLY TRINITY

and look at God directly. She refused raise her eyes or to look to God in any ot way but by Christ. "I had rather," s cried, "be in Hell than come to Heaven a other way but by Him." It is this determine tion to pray always through Christ and w His Church that distinguishes Christi mysticism from any other. The life of prav is not, in Evelyn Underhill's words, "heavenly duet" in which the egoism of " and God" is dominant. It is a part of choral beauty: the voices which are train in the discipline of private prayer and me tation find their fullest beauty when they a offered in the corporate hymn of praise. God the Son works in the individual soul the sake of all souls, and to the glory God the Father.

We come now to the work of that this Person of the Holy Trinity. . . "Our Lo the Spirit," as Charles Williams calls Hi We are led by the Spirit to pray; we a persuaded by the Spirit to love. He lead we follow. Here the soul's work is pliane flexibility, sensitiveness (to what the Qua ers rightly call "a leading"). For of the Ho Ghost it is said that He is like the wind, a that He bloweth where He listeth; and those who are born of Him, it is further sa that "no one knows whither they come where they are going." None looking from t outside and observing our external works c even guess the manner of each one's conve sion, the exact path each must tread to san tity, the peculiar sacrifices exacted of each the sharp blasts of each soul's temptation or the precise beauty of each final beatitud The psychologists tell us of a terrifyi hidden life, below the level of rational co sciousness and overt behavior . . . a life which we are unaware, but which continua motivates and sways us. In their picture the subconscious we find a chaos of feat and complexes, of dim sexual urges, of fe gotten but cankering childhood injuries, perverted and confused emotional attac ments . . . the obscure life of fallen, natu man. But there is more in the subconscio of a redeemed Christian than the Libi or the acquisitive drive. Our Lord the Spi is there, too, moving in hidden ways to tran gure and reclaim. The sudden pricks of a isciplined conscience; the swift withdrawals om what we sense to be unholy; the sharp onging for the Reality that is God, which eeps us restless and frustrated apart from lim; the gnawing dissatisfaction with everyning but holiness; the unquenchable desire pray; the unsuspected movement of chary to those we do not really like; the aching ity for all suffering, even in aliens and rangers . . . all these are the hidden moons of the Paraclete. For the indwelling f the Holy Spirit is the subconscious of a oul in a state of grace. Far below the level f our small intellect the battle between ight and darkness goes on. For every lamor of the Libido there is an answering arust of Agape; for every greed of the equisitive drive, there is a mysterious urge self-surrender; for every easy sublimaon and deceptive rationalization there is a tern impulse to truth, to penitence, and to mendment.

"Come, Holy Ghost," we pray and offer lim the hidden depth of heart and soul. But ne price of His guidance is not less than verything. Nothing matters to that Holy pirit of relentless love but that our souls whatever cost be led through Christ to nion with the Father. Whatever, or whover, has to be left behind is irrelevant; hatever changes or reversals of our preious life are entailed, whatever ambitions nd plans have to be discarded . . . all that beside the point. "How dread a guide and ompanion is this Comforter!" says Archshop William Temple. He will be our judge, ur advocate, our strengthener. But only if He ads our whole lives where He will. The fe of the Spirit is indeed a hidden life . . . idden at times not only from the world nd from our fellow Christians, but hidden times even from ourselves. We ask for rength for vigorous activity for the Kingom and He gives us forced inactivity and ilure. We give thanks for a friend or spirual advisor who seems necessary to our oul's health, and he divides us from that ne by death or distance; in our weariness e seek quiet for prayer and renewal, and ist then . . . not when we are fresh and



THE LORD WHO REIGNS

buoyant . . . He drives us into the thick of the world.

Then at last we learn that our part in cooperation with the Spirit's work is suppleness... willingness to accept creatively whatever opportunity for growth it has pleased our Lord the Spirit to afford us. Our prayer becomes more and more pure adoration of God's holy will, less and less a series of frantic petitions for a certain issue of events. Slowly we grow able to say of all that happens to us, as the ancient Church said of its doctrines, "It has seemed good to the Holy Ghost . . . AND TO US."

God's part, then, in the soul is the triple, yet single work of the Holy Trinity. We answer His creative act with meek acceptance of self; we answer His redeeming act with obedience to His Church; we answer His sanctifying act with acceptance of His mysterious leading of our souls and lives.

We come now to the sphere of our personal freedom, to the soul's own doing, turning from passive acquiescence (which alone is quietism) to the active works of the interior life. What is it that we are to do in

our prayers? What is our part in our life of union with God? We shall mention three things: penitence through meditation; perseverance, largely through vocal prayer, and love through the developing prayer of quiet.

Our first needful act is penitence. The soul to be united at all must first be purified. We must offer bravely and willingly all that is dark and confused, obscure and shuttered from the Light of Christ. We learn that we have indeed always had a hidden life, but that it has been a life not hidden in Christ, but hid from Christ. It has been the hidden life of fallen Adam and Eve, a life whose sinfulness we have tried to cover with the fig leaves of pride, self-love, ambition and greed. This life must be rejected and hated; it must, through grace, be gradually abandoned, but first of all it must be known.

There is but one way to perfect penitence and that is by adoration. We cannot know ourselves merely by analysing ourselves (that is the limitation of much of psychiatry.) We cannot know ourselves by looking at others, for each soul is unique. We can know the nature of our fallen humanity only as we meditate upon the glorified humanity of Christ. He is the clear mirror in which we can see our own splotched countenances. We learn the failure of our vocations, so turned to selfishness, to ambition and to pride as we behold the carpenter shop at Nazareth. Our spiritual ambition and desire to be first in the Kingdom (or the parish) is revealed to us as we think of Our Lord's words to the sons of Zebedee: the poverty of our self-sacrifice is made known as we see the Lord of Heaven gird Himself with a towel and wash the disciple's feet. We simply cannot achieve real penitence without the faithful practice of meditation. There are all kinds of books about it; there are many methods and schemes and techniques. God the Spirit will lead us each to find the way best suited to our own souls. The method is optional, but the practice is imperative. Know Christ or dwell in ignorance, not only of God, but of ourselves. The true purpose of meditation is shown most clearly in St. Bernard's meditation on the

Holy Cross, which might be a model for mental prayer:

This cross full of suffering, conden all my inordinate desires and passion this bare cross reproaches my abundan this crown of thorns denounces my va ity; this bitter gall reprimands my lor ing for fancy foods; these outstretch arms of Jesus, which are ever ready embrace all, friends as well as enemi condemn my hatred and my anger; t prayer of Jesus for His persecutors cuses my thirst for revenge; these te ful eyes which wept over my sins, pun my daring glances; these ears wh listened to the mockery of the godless, 1 to shame my fierce impatience, which the least contradiction breaks out in vehement words.

Our first work is penitence; and the way the adoration of Christ.

The second of our interior works is hardest: perseverance in prayer. The interlife is not to be a matter of sudden ecstas and rare mountain top experiences. though it has its peaks and its high noon Its basic quality and its crowning virtue: steadiness. Put in the plainest and mi everyday language, this means that we mi keep on praying . . . REGARDLESS. * must pray whether we feel like it or not;; must pray whether we think we know how or not. We must even pray at those despr ate times when we cannot think or conce trate, and when we are cold and indiffered Thomas Merton says, "Prayer and love learned in the moment when prayer is : possible and your heart is turned to stone

Perhaps it may be useful to think of spiritual life as involving an interior fasting as well as an exterior fasting. To make the ter Christian athletes the Prayer Book and discipline of the Church requires some montification of the fleshly appetites. The simpluxuria must be combatted by the Fridast or the voluntary Lenten denial of the good things which strengthen it . . . of fact foods or cigarettes or social entertainment of which we may have grown too fond. But it is not otherwise with the spirit, which in

Is luxuries, too . . . the love of consolation and spiritual sweetness; the sensuous ejoicing in the felt presence of God; the itellectual pleasure of a "good meditation." can we doubt that these are the soul's luxries, as appealing as riches, as satisfying the wilfulness of the inner life as good bod or good company are to the outer life? As external fasting is imposed on our bodies rom without, so an inner fasting from concious delights and joy in prayer is imposed on our inner life by God Himself. We must simply go on praying when the leasure is withdrawn.

Here, surely is the real place of vocal rayer in the sense of formal, memorized or ead prayers. These are always available. lowever barren the content of our souls. Ve can say the "Our Father" if we can do othing more. We can say the "Hail Mary" ven if that is all. We can recite favorite colects from the Prayer Book. We can repeat he "Anima Christi" and unite our own iner dryness to the thirst of the Cross. In the Christian life steadiness is greater than cstasy. Our Lord has promised to greet us t the last, not as illuminated souls nor as erfected mystics, but as "good and faithful ervants." His own prayer, in Gethsemane, vas hard, vocal prayer; it was the prayer of imple repetition. "He came again," we ead, "and prayed, using the same words." ocal prayers, the simple repeated prayers hat have made saints, will not be abandoned

by souls with real humility. As meditation is the requisite of penitence, so formal repeated prayers are a necessity for holy perseverance.

We come, finally to the last of the soul's interior works . . . the hardest to put into words, because in its essence it is wordless. As the soul pushes forward by the hard effort of will, through meditation and vocal prayer into a deeper intimacy with God, it gradually reaches a third kind of prayer . . . the prayer of quiet, in which the soul is still. It now offers not its words, nor its thoughts nor its acts of contrition, but simply its love.

This third kind of prayer, which seems so formidable in the treatises on mysticism, is in its simplest form within the reach of all of us, and indeed it is inevitable. It will happen, if we let it; yet it is not mere passivity. The prayer of quiet is a real work of the soul, because it requires a certain inner self-sacrifice of spiritual busyness, of fussiness and anxiety, and of devotional ambition. To attain it we must give up our pleasure in our own words and our own thoughts; we must be willing to spend some hard prayer time fighting distraction, refusing to think of our troubles, deliberately putting out of our minds everything except the supreme fact of the eternal presence of God. At first we may not be able to do anything except continually withdraw our attention from all that is the rival of God in our thoughts, and offer Him our helplessness,



ADORATION OF THE HOLY CHILD School of Fiorenzo di Corenzo (Courtesy of the Metropolitan Museum of Art)

and wait in silence. And all this is good for our souls.

The same thing happens in our personal relationship with God as happens in every deep personal relationship: it becomes less articulate, less deliberate, less planned as it becomes more secure. In marriage, for example, it is the period of courtship that is the most wordy. The lover, after a three week acquaintance can write pages in praise of his beloved; he can talk for hours . . . and does . . . on the heights and depths of his devotion; he is quite sure that he and he only perfectly understands his lady. But a husband of fifteen years' endurance finds it impossible to write a love letter or maybe even to tell his wife he loves her. As intimacy deepens, so does the sense of mystery. There is more to a long beloved person than we shall ever altogether know. Rather we become grateful that we can understand and appreciate as much as we do. The deepest shared experiences, such as the birth or confirmation of a child, or a hard failure mutually shared, cannot be put into words; they cannot be spoken of even to one another; yet they are deeply and mutually known.

It is so in the life of prayer as we are brought closer to God. How wordy are our early prayers! Our adoration turns around and about those enormous adjectives . . . "uncreated;" "omnipotent;" "alto-



gether lovely." Our early intercessions an petitions are endless. So much is wrong wit the world. There is so much we simply must call to God's attention, so much He ought to be setting straight.

God hears and loves . . . and waits. W go on, sharing the life of His Church watching His will prevail in ways we shoul never have expected nor had the wisdom t pray for. Over and over we see grace victor ous in the very sufferings and humiliation bereavements and failures that are so dis tasteful to our natural selves and wills. Suc denly the period of our courtship of th Lord of Hosts is over. We have found th endlessness of His mysterious Being. W know that the real answer to all our pray ers is not in what He does, but in an in creasing knowledge of what He is . . . Lov that is purging and healing and tireless. W know that that Love is the peace of the world, in so far as the world will have peace; it is the health of all souls . . . or own and those we love and the souls of or enemies. We are content to respond to the love simply, to rejoice in it, to be still before the mystery, and to be grateful for whatev He has shown us of Himself. We can little more than look and love and hold the souls of those we cherish by those bar tismal names by which they are known Him, even as we are. Yet in this qui yielded prayer in which we seem to do little, we are doing, even if only for five u distracted moments, what we shall one d do forever.

The Curé d'Ars once asked a peasant whe he did so long in the Church, and the pearant replied "I look at Jesus and Jesus loos at me." Slowly and often painfully, always surely, we shall grow into the status of Him on whom we faithfully and condently gaze, and when we wake up after the Likeness we shall be satisfied with it. Her is the goal and crown of all our hidden his to look more steadily and more simply. God through Christ, and hear Him say, St. Augustine once heard:

I am the food of the strong; grow a thou shalt feed on Me; but not I into Th but thou shalt be changed into Me.

The Beatitudes

BY BONNELL SPENCER, O.H.C.

VI INTEGRATION

Matt: 5:8. Blessed are the pure in heart: or they shall see God.

NCE more we have a limiting phrase, the pure in heart, like the poor in spirit and hunger after righteousness. ut this time we find that few scholars queston our Lord's having used it. Part of the eason, no doubt, is that, unlike the first and burth Beatitudes, this one has no parallel in it. Luke that omits the limiting phrase. The store important reason, however, for believing that our Lord used the full phrase—pure a heart, is that the words, "Blessed are the ure," would have made perfectly good onse to His hearers, but it would have been ust what he did not mean.

Purity to a Palestine Jew of the first ceniry signified absence of ceremonial defileent. The Pharisees had developed an amazngly elaborate code of injunctions, the violaon of any item of which rendered a Jew inclean, and an equally elaborate series of icrifices, washings and other ritual acts or the removal of their defilement. Thus neir accusation against the disciples that they wash not their hands when they eat read." (St. Matthew, 15:2), had a ritual ot of hygienic basis. Our Lord made it erfectly clear what He thought of the hole system. "Woe unto you, scribes and harisees, hypocrites! for ye make clean the utside of the cup and of the platter, but ithin they are full of extortion and exess. . . . For ye are like unto whited sepulares, which indeed appear beautiful outard, but are within full of dead men's ones, and of all uncleanness." (St. Matthew. 3:25,27

Our Lord, then, did not mean ceremonial urity. To safeguard against that interpretaon, He said, "Blessed are the pure in eart." By the same token, we should not atterpret this Beatitude merely in terms of external moral purity. It is tempting to do so. I oral purity is a sadly neglected virtue these days. The reaction against puritanism and the mid-victorian squeamishness on the subject of sex has been so violent that modesty, reserve and the other protections of purity have been thrown to the winds. Many moderns feel that they can be blatantly frank about the whole subject—sensible, I believe, is the approved word—with the resultant loss of purity and disruption of family life. Yes, a sermon on moral purity might well be in order, and it could be preached as an illustration and application of this text.

In this series, however, we are trying to trace the sequence of thought of the Beatitudes as a whole. In that context it is the basic meaning of each, not a particular application of it, with which we are concerned. To that, therefore, we must turn our attention. But those of you who have been following the series may be wondering how this Beatitude can add anything to the thought of those that have gone before. The first five Beatitudes have covered all the fundamental elements of the spiritual life. The first dealt with conversion from trust in self to dependence on God. Penitence for sin in ourselves and others was the subject of the second. In the third we thought of the humble waiting upon God which is necessary for growth in the spiritual life and the fourth inspired our determination to use the means of grace that God has provided in the Church. Finally, the fifth sent us forth to perform works of mercy. Conversion, penitence, humility, perseverance in prayer and service-what is there left for the sixth Beatitude to add?

The first five do cover the main aspects of the ordinary Christian life. They present a high ideal to which it is to be feared we rarely attain. But even so, they are not the whole story. As St. Paul reminded the Romans, we are called not to be ordinary Christians, but to be saints. What we have been considering so far is but the primary stage of the spiritual life. Above it are higher levels to which we must rise before God has completed His will for us. Although they may still be out of our reach, it is well for us to know that they are there, so that we can pray and hope eventually to attain them.

To the saints we must turn for a description of these higher spiritual levels to which God has raised them. Their descriptions vary greatly, especially in regard to the number of stages of spiritual growth. We do not have time to consider them all or to attempt a consistent arrangement of them. This can be and has been made by systematic treatises on ascetic theology. For our present purpose we can legitimately simplify the subject. All are agreed that between the ordinary level of the Christian life and the heights of sanctity lies the process which, in however many or few stages it is described, may be called in the words of this Beatitude becoming pure in heart.

The best way to understand this process

Devoutly Kneeling

By Anne Trott Talmage V THY WILL BE DONE

Submission this, but more indeed than just

Submissiveness and willingness to bear Whatever anguish might arise to thrust Its way into the heart, no simple prayer Of least resistance to a greater force Than man has claim to. These words

go beyond

The need to lay the burden of remorse On the inevitable. Here a bond

Of courage joins man's forces with the good

Of all things. Here he girds himself with strength

And buckles on the sword of zeal. And should

He waver, faith is still his shield. At length

He stands well armed with every ardent skill,

Resolved to seek and find and do God's will.

is to contrast the goal with the ordinar Chrisitan life which we at least dimly hav experienced. Our Lord gives us this contras most clearly in the episode of Martha an Mary. Martha is "careful and trouble about many things." (St. Luke, 10:38-42 How well those words describe our spiritua state, even after we have become so poor i spirit that we have relegated our worldl activities to their rightful second place, an have learned to hunger and thirst after th Kingdom of God and His righteousness. Ou spiritual quest involves us in so many varie and apparently unrelated activities. We g to Church, we say our prayers, we read ou Bibles, we confess our sins, we discipline ou inordinate desires, we engage in many form of service. All these duties seem to be pullin us in different directions and often appear t conflict with each other in their competitio for our time. Like Martha we bustle abou doing a bit of this and a bit of that, and i the end accomplish little.

Mary, as our Lord pointed out, had made the great discovery. "But one thing is need ful, and Mary hath chosen that good pan which shall not be taken away from her. One thing needful. For this reason, the hig's est stage of the spiritual life is called the unitive way. In it the soul is united to Good by cause it has first of all become united with itself. In it all conflicts have been resolve in terms of a simple unity of purpose; a mixed and competing motives have been distilled into a purity of heart.

But how, how? What can I do to bring about this blessed state? Nothing. Absoluted nothing. The saints are unanimous in telling us that. We cannot attain purity of heart our own efforts. The more we strive for the further we move away from it. What Because purity of heart comes only when have been emptied of all self-assertiveness even in spiritual matters. We cannot lift out selves by our own bootstraps. Try it sometime and see. The more we pull up with our hands, the more we push down with our feel No, we must be lifted up by God. That is secret that Martha must learn from Mar Martha was "cumbered about much see

ng." Mary "sat at Jesus' feet, and heard his yord."

Is this quietism, then, the giving up of all piritual activity, the relaxing into spiritual lleness? Not at all. In the unitive way the vill is not relaxed. It is intensely active, but Lithout any sense of effort. This may sound ke a contradiction in terms, but it is not. Vhat causes a sense of effort is when we ssert our wills in the teeth of opposition. The soul in the unitive way has surrendered ts will wholly to God. It encounters no pposition there. God, working through the urrendered will, controls and unifies the vhole personality. As this is the work of God, the soul feels no effort on its part. With St. Paul it exclaims, "I live: yet not I, out Christ liveth in me." (Galatians 2:20) ts work is simply to hold fast to God with ts will, like the effortless grip of a child on he hand of its father.

Tust as the father must in the first instance each down to take the hand of the child, so God must lay hold on the soul before it can make this absolute surrender to Him. But God cannot grasp the soul until the soul is ready for that experience. The reason is that the first stage of lifting the soul to the unitive way must be the detachment of the soul from its attempt to engage in the activities of the spiritual life by its own efforts. The process of detachment is extremely painful to one who has learned to love the ways of the spirtual life. St. John of the Cross calls it the dark night of the soul. The sweet intercourse of the soul with God in prayer suddenly becomes empty and dead. The heart becomes too heavy to be lifted up in worship. A sense of sin and futility seems overwhelming. There is nothing the soul can do about it.

A person who had been fulfilling his Christian duties because of what he felt he was getting out of them would be overwhelmingly tempted to give them up by such an experience of emptiness in them. He would abandon God, instead of abandoning himself to God. He would turn from God in despair instead of turning to God in blind faith and hope. This gives us the clue to what we must do to prepare ourselves to be



MOTHER OF PURITY

lifted up by God to the higher levels of the spiritual life. We shall not decrease our spiritual activities; rather we shall probably increase them, as we give God a larger and larger share in our life. But we shall simplify the motive. We shall not engage on this or that exercise because we seek some particular benefit for our souls. We shall do them more and more for God's sake, not our own.

Let us take some instances. We must learn to go to Church, not to be comforted or inspired by the service, but to worship God. We must confess our sins, not to get a sense of forgiveness, but to put ourselves in God's hands just as we are. We must pray, not to get help and strength from God, but to surrender to Him, "Thy will be done." We must engage in self-discipline, not to gain self-control, but to grow in self-sacrifice. We must serve, not just to help our fellow-men, but to cooperate with Christ in them. When we have learned these lessons, we can safely be deprived of feeling the benefits we have come to expect from our spiritual exercises. When we no longer have a sense of receiving them, the motive for continuing them will not be lost. We shall go on doing them for God's sake: we shall learn to do them more and more in His strength.

Then God the Holy Spirit will be able to take over the control of our souls. Our worship, penitence, prayer, mortification and service will not be so many different activities in which we engage, but various expressions of His life and work in us. Our part will be a simple, continuous, uninterrupted act of loving surrender to Him. Our personalities will be unified in the integrated desire to abide in His presence. There will be no conflicting or distracting side-issues. It will be all for God. Thus He will have made us pure in heart.

And we shall see God. Of course, for we shall be looking for nothing else. We shall find him in Church and in prayer as He lifts our hearts in worship and contemplation. We shall recognize His love reaching out through us in every opportunity to serve a friend or to forgive an enemy. Our vocation will be our share in His work; our happiness our share of His joy; our suffering our share in His Cross. All nature will speak to us of His handiwork; all men will call forth in us an outpouring of His love. With the simplicity of St. Francis we shall be able to cry, "My God and my All."

In this life even the pure in heart see God but "through a glass, darkly." (I Corinthians 13:12) They see Christ in His Body, the Church, in the least of His breth ren, in the wonder of nature, in the darkner of contemplation—a darkness which is the excess of light. They live in His presence, no always consciously recognized with the minds or felt in their hearts, but know through the union of their wills with His And when His call comes, "Friend, go thigher," they pass through the final surrender of death to see Him face to face.

"Beloved, now are we the sons of Godyes, beloved, you and I—"and it doth not y appear what we shall be: but we know the when he shall appear, we shall be like him: f we shall seem him as he is." (I John 3:2 That is our common Christian vocation vours and mine. We may have yet a long way to go.

The night is dark,—and we are far from home. But we are called to be saints and we must never be content to stop short of t goal. We must press on in the ordinary dities of the Christian life, waiting humbly for the time when God can begin the process lifting us up to purity of heart. Meanwhim we shall keep praying,

Lead, kindly light, amid the encirclingloom,

Led thou me on.

The goal is worth attaining, however, loo and hard the way may be. And in Christ of shall attain.

"Blessed are the pure in heart: for the shall see God."



THE LAST SUPPER
By Andred del Castagno

"The Demon of Mid-Day"

By E. J. M. NUTTER

HE Demon of Mid-day" is the name of a well-known French novel, which deals with the moral career of a iddle-aged priest. With the book I am not oncerned—in fact my knowledge of it is crived entirely from an essay by Dean nge—but the fanciful title is taken from the Latin translation of the ninety-first salm, in which "the sickness that destroying the noonday" is rendered "daemonium eridianum," "the mid-day demon."

The psalmist may have been thinking of instroke, and probably was. But the French thor interprets the words as the temptaons which assail a man, not in the middle the day, but in middle life. Though he bes not use the word, he was doubtless linking of the state of mind known to neologians as "acedia," that characteristic n of the monastery, a sort of compound of loom, irritation and sloth, the sin against hich experts on the spiritual life never ease to warn those whom they are directing. es; and we can find acedia raging, not nly in monasteries, seminaries and religious ouses, but in the world at large. A man, hether cleric or layman, may have overome the temptations, the errors, the daners of youth, only to fall a prey in middle fe to the attacks of the demon of mid-day, the sickness that destroyeth in the noonay." Sometimes, when I view the apparntly helpless acquiescence of the middleged statesmen of today in the perilous drift our civilization towards disaster, I woner if they are not suffering from a kind of ymen's acedia.

The sins of middle age are sins of the ind. That is why middle life is a more angerous period than youth. Few spectacles be more tragic than the deterioration in haracter which sometimes sets in during the fifties. The flame flickers, the divine fire arms low. The motto of life is the Russian ord "Nitchevo"— "What does it matter?" the middle-aged, having survived the gusty,

riotous, fleshy part of life, think they can now let down and take their ease. They are less inclined to a crusade for anything. They like compromise, not least with their own weaknesses and imperfections. They lose active hope. By their very failures they tend to become fatalists. "What does it matter?" The mid-day demon gets them in his grasp.

It is a gueer world, in which this particular devil walketh about seeking whom he may devour. Superficial feelings and superficial expressions are a substitute for going out and taking off one's coat and really doing something. Frothy catchwords and cliches take the place of the discipline of steady, quiet, continuous work. We are beset by shallow slogans and phrases of the day, a kind of pseudo-scientific and semi-psychological jargon, picked up and garnered from some newspaper or popular magazine, and then delivered with terrific and reverberating emphasis as the convictions of a lifetime—whereas we are pretty sure that a year ago the man had never so much as heard of them-or preached on and prated about and published abroad as the one and only scheme of salvation which can save society—whereas we feel certain that twelve months hence the dervishes will have gone off howling after some newer thing: and all this as the substitute for the hard mental discipline of thinking things through, finding firm ground, and standing flat-footed on it. People are so frightfully busy in these days. They are pre-occupied. They have such lots and lots of things to do. They are as energetic as puppies chasing their own tails. Their fancies, their interests are easily captured by something else, by anything but what they are doing, by whatever seems to offer in another sphere the titillation and stimulation which their jaded imaginations demand. So you will find that whether it be reading or thinking or working or playing, it all tends nowadays to become desultory, fitful, unreal, unstable, diffuse.

Into this silly world the young priest steps, armed with the sword of the Spirit, the awful fire of the Holy Ghost, covered by the shield of faith, protected by the breastplate of righteousness, and crowned with the helmet of salvation. No explorer in earth's history whose path has led him into untrodden worlds, no Marco Polo or Columbus, no Stanley or Peary or Byrd, none of them ever set out on his wanderings with more eagerness, with a more joyous sense of wild adventure and glorious hope, than does the young warrior priest when he first rides forth on his quest for the Holy Grail, sealed and anointed with the chrism of Christ. Well he knows what is before him. Well he knows, that while there are plenty of pleasant places before him on his road, many green and lovely valleys with sweet waters, there are also matted and pestilential jungles through which he must hack his way, frowning crags for him to climb, arid wastes through which his feet must trudge. He knows that while he will often feast with his people and rejoice with them, it will also be his duty and his privilege to swelter and shiver and struggle and suffer and starve with them. But he is ready. He has experi-



enced the bliss of communion, the buoyancy of absolution, the flame of the Spirit. He feel and relies on the nearness, the comfort, the love, the support of his great Captain. Toil, weariness, even martyrdom itself are to be but incidents in a glorious, a victorious campaign. Nothing is impossible. He beareth all things, believeth all things hopeth all things, endureth all things. A happy warrior, the world is at his feet.

"My good blade carves the casques of men My tough lance thrusteth sure,

My strength is as the strength of ten, Because my heart is pure."

But it is a stubborn world, as well as silly one. At once our priest begins to fee the force of all those modern tendencial which go to make men and women unread He finds that in the ministry of the Won and Sacraments he is not going to be ex empt from the pressure of all but university custom. He discovers that false sentime tality is more pleasing to his flock than the rigors of the Gospel, in fact that his people have little or no interest in a demandiry religion. The high romance to which has been looking forward with such eaged ness is simply not there. His work is most commonplace, largely chores of one kind another; for the priest's life gives few at portunities for the use of chargers and trum pets and banners and swords. The quest for the Holy Grail becomes as unsubstant and fanciful as the search for the rainboy end and the pot of gold. Phrases, catchword slogans abound, even in the presentation of the rival Christian theolatries; and men of the world are more easily caught t that snare than the clergy. The world around and about and above and beneat our priest day and night. He is cribble cabined and confined in it. He is swaddl smothered, suffocated by it. To proti against its superficial conventionalities, fight against its insidious sappings of faith, and courage appears as futile as being off flies. After all, one enlisted agail! dragons, not flies; but the flies seem always with us and the dragons out of reach.

The hot, hard, pitiless glare of real will surely have enveloped us all by the tig

at the noon hour of our priestly pilgrimre has struck. Most of us by that time will we felt the stirrings of acedia, with its sillusionment, its discontent, its boredom, soloth. The question is, how shall we eat it?

"Thou shalt not be afraid for the sickness at destroyeth in the noonday." Yet some e afraid. Some vield. Some become desulry. They cease trying to concentrate on heir work. They turn formal and profesonal. The offices are recited and the daily Mass said, if at all, as ends in themselves, hd not as means to the mightier and reater end. They begin to assert their priestbod, their commission, their office as the cound of their claim to be heard and obeyed v their people; whereas the real ground I that claim is surely what they have said Ind done and thought and taught in interreting and presenting their priesthood and naking it real through Jesus Christ. And the sickness that destroyeth in the bonday creeps on, paralyzing their work, ne zeal fades, the fire sinks, the sword rusts, he sheep are not fed, sinners are not abolved, the sick die uncomforted.

The dusk comes gathering grey, and the darkness dims the West.

The oxen low to the byre, and all bells ring to rest;

My horse is spavined and ribbed, and his bones come through his hide,

My sword is rotten with rust as I shake my reins and ride."

The demon of mid-day has got him. And is he looks over the latter years of his minstry he sees no souls saved, not even the en that could have saved Sodom.

Thank God, that is not true of us all. After thirty years have passed, there are till those in whom the fire of the Holy shost burns just as fiercely as on that disant day when first the young knight was irt with his sharp and sundering sword. Thank God there are warriors for whom the ickness that destroyeth in the noonday has o terrors. They have not been afraid. Never ave they allowed themselves to become rofessionalized or institutionalized. Never ave they permitted themselves to be de-



ceived by statistics or numbers or compliments or crowds. Not in obedience to or conformity with ecclesiastical vows or customs do they say their daily offices, but because they know that those offices are a ladder up which they can climb to God. Not because it is an edifying custom or because the parish is used to it do they say their daily Mass, but because they know from their own deep experience that day by day they must be given their daily Bread if their souls are to live. To them men go as to brothers, not as to members of an ecclesiastical caste; yet withal the priest is always there, unmistakable, unescapable, plain, distinct. No presidents of corporations they, but merchants of the supernatural, from whom men can, if they will, buy incalculable treasures without money and without price. Like rocks they stand, firm and sure and strong; and when the rod of God's love smites them. as it does, it brings forth from them kindly streams of water for the drinking of the flock.

Yes, even them does God smite, for whom

he loveth he chasteneth. The life of discipline and service, of worship and prayer, is no easier for them than for their more accommodating brethren. Their crosses are even heavier, for they carry them. Their disappointments are no lighter, for they feel them more. Over and over again the scourge of God falls smashing on their backs; when some boy to whom they have given years of prayer is false to his baptism; when some worldly parish will not see Jesus; when their religion is misunderstood, ridiculed, or maligned; when the bread they have cast so liberally on the water delays so long in its return. Many a time will such a man go down to the gates of hell in travail, weariness and woe. Often and often the cry will be wrung from his very soul, "My God, how can I endure?"

"Would I could see it, the Rose, when the light begins to fail,

And a lone white star in the West is glimmering on the mail;

The red, red passionate Rose of the sacred Blood of Christ,

In the shining chalice of God, the Cup of the Holy Grail."

But the Catholic life will tell. "Thou shalt not be afraid for the sickness that destroyeth in the noonday." The fire glows again, courage revives, the demon is defined, the ceaseless Quest goes on.

Thus we can prepare for a beautiful old age, like Overbury's "good man, who feels old age rather by the strength of his soul than by the weakness of his body." The troubles and disappointments of the ministry have broken the solid crust of habit and checked the growth of pride. "Blessed is he who has found his work," says Carlyle, "let him seek no other blessedness"—and what other blessedness can there be for the priest? When wisdom and judgment have ousted the heat and impetuosity of youth, when impatient intolerance and heady fanaticism have



been mellowed by experience into a real genuine love of human souls, then the true beauty of the priestly character has its chance to shine. The demon of mid-day has done his appointed work for him: in resisting him to death, the priest has learnt how firm is the rock on which he has built his faith. Foursquare he stands. Perplexed no more by problems, serene in spirit, confident in hope, with his bitter struggle past with the shadow of his disappointments gill ded by the gleam of sunset, what can the priest ask more than that God shall accept and bless the offering of the rich, ripp fruits of his silver years?

"Glory of warrior, glory of orator, glory of song,

Paid with a voice flying by to be lost on a endless sea—

Glory of virtue, to fight, to struggle, to right the wrong—

Nay, but he aimed not at glory, no lover of glory he:

Give him the glory of going on, and still *be."

And when at last the bell shall sour to compline, the younger generations rich up and call him blessed. His little hells have gone, dissolved like mist. The West is shirt ing now, clear and bright, with jasper and emerald and gold, the jewels of the Ci of God. Like Israel, he calls his sons aroun him. Riding from far and near the warriog come, these from the east and west, are these from the land of Sinim." Not to prai. him do they come, for that he will not wish not to tell him of the reverence and hono in which they hold him, for that he know right well without their words; but to exul with him, to triumph with him, to rejoin with him, to give thanks with him to A mighty God for his infinite goodness as mercy.

"It will happen at last, at dusk as my hop limps down the fell,

A star will glow like a note God strikes a silver bell,

And the bright white birds of God warry my soul to Christ,

And the sight of the Rose, the Rose very pay for the years of hell."

Five Minute Sermon

By James O. S. Huntington, O.H.C.

We being many are one bread, and one pody: for we are all partakers of that bread. Corinthians 10:17.

OD is superbly generous. He not only supplies our wants but anticipates them. He knows "our necessities betwee ask, and our ignorance in asking." le teaches us to ask for what we need betwee even feel the need. He bids us pray, Give us this day our daily bread," before ne pangs of hunger drive us to our knees beg for food.

So is it with regard to the help and trength which He bestows upon us through he Sacraments. He does not require of us full understanding of the Sacraments beore we can receive the gifts that they coney. To the unconscious infant, asleep, peraps, in the arms of the priest who holds im at the font, God gives the cleansing of s soul and a new life in Christ. To the umble but uninstructed communicant, who omes in penitence and faith, God gives the ery Body and Blood of Christ, though there has be only a vague sense of His Presence, and a dim appreciation of what He comes to

But God does not want us to remain in morance of what He seeks to do for us nd in us. We cannot fathom the depth of lis love. ("Thanks be to God for His unpeakable Gift!") Yet we ought "to follow n to know the Lord," and, as St. Amrose said, "It is a shame if when we have eccived the Faith we do not try to underland it."

Many are the truths that are set before s in the great central Act of Christian Wornip, the Holy Eucharist. "No Gospel like his Feast, spread for Thy Church by Thee." 'et as the thinking of mankind swings rst in one direction, then in the opposite, ne or another truth is lost sight of, at least ecomes obscured.

It is not difficult to see what truth about he Holy Eucharist has grown faint to-day.

It is the consciousness that the Holy Communion is the Sacrament of Fellowship. Of course the two words, "Communion" and "Fellowship," mean the same. We speak of "the Communion of the Holy Ghost" and "the Fellowship of the Holy Ghost," and draw no distinction between them. But we do not feel that "Holy Fellowship" can be substituted for "Holy Communion;" certainly few people who say, "I am going to make my Communion," have any distinct sense that they intend by that, "I am going to make (renew and deepen) my fellowship," my fellowship with the Christians that I shall find coming to the altar beside me, and with all other Christians throughout the world. In other words, "we perpetually slip back into treating our religion as a purely personal affair," so that "the thought of all joining together in the common Meal of the Family of God has almost disappeared in many parishes." The late Archbishop Temple, from whom these words are quoted, states the matter with engaging frankness. He says: "Certainly when I go to receive the Holy Communion at a quiet early morning service, it is only by a conscious and deliberate effort that I realize any genuine fellowship with the other members of the congregation. I may feel it with regard to my own absent friends, to those whom I love in the other world, to those whom I specially revere in the history of Church or world. That comes easier than any sense of fellowship with others in the present congregation, for the simple reason that the one group consists of my special friends and my special heroes, while the other members of the congregation may not even be acquaintances" and he adds later, "We go to receive the Holy Communion. There Christ unites us in Himself with all our fellow-Christians. 'We, being many, are one bread, one Body.' And we come out of church, even though we have 'made a good communion,' feeling no closer link with our fellow-Christians or fellow-worshippers than

when we went in; and perhaps that was none at all."

It is to be hoped that the simple statement of these facts will serve to recall to those who read them the truth that has been so neglected. No Catholic Christian surely will deny that the Holy Eucharist is a corporate act, that we come to it not only each one as a "member of Christ," but also as "members one of another." He knows that when we say "Our Father . . . give us this day our daily bread," we are praying for all the other members of the Church, the Family of God, and beyond that for all the people in the world, inasmuch as all are created and called to come into His family and to own one another as brothers and sisters in Him. And what we say, in the pattern of all prayer, that we express in the great act of the Holy Eucharist.

Neither in prayer nor at Mass are we alone. The whole Church is with us, the Church on earth, in purgatory, or in heaven. Each of us is a living member of the Church, "the blessed company of all faithful people," and what we say and do in Christ we say and do in living union with one another.

What then, is laid upon us to do? Two things at least.

First, we must make a real effort to regard those who kneel with us at the altar as indwelt by the same Life which comes to us in the Blessed Sacrament and so fellow-members in the Very Body of Christ—not strangers, though we may not know their names or recognize their faces, but

our very brothers and sisters in the house

And secondly, we must let our though carry us out to all who at that very time, many lands, are sharing in the same Feas are partakers of the same heavenly Foo As has been beautifully said:

"The layman as he comes to receive the Holy Communion in his parish Churc finds himself caught up into a Fellowsh which is frontierless; he is partaker of the one cup, the one great 'Family Feast' of the All-Father's family, as he receives his sp itual Food from the One Living Lord and Master of us all. Himself the Host, Him self the Food." "He is bound—if he could only realize it-by invisible family bom to a great company of comrades, to sturi laughing African boys, trudging through #: jungle in the grey dawn, summoned by 1: swift call of the native wireless to some village where a missionary on trek prod ised overnight to take a Communion sa vice next morning; to Japanese communication cants, meeting in the ruins of a Toly Church which they are beginning to rebil after the earthquake; to a handful of Chri tians, staff and patients in a hospital amor the Chinese mountains; to a band of Indi students meeting for the Sacrament before they go out on a preaching tour in the lage near their college; to brown island of the South Seas, paddling across the sa lit lagoon to their Church on the opposition hillside. They all belong to us and wee them, for we are all Christ's. We are gether in His Presence."



Saint Dorothy's Rest

By W. E. HARRIS, O.H.C.

ANY of our social works of today—hospitals, schools, orphanages, convalescent homes, and camps have en started by courageous souls having a ble vision who have taken a pebble of ith and courage and cast it into a pool of stronger faith. That venture has sent out oples which have become waves and uched untold lives, bringing to them new urage and hope. Some ventures of faith two been born out of a broken heart. Such one is St. Dorothy's Rest, situated in a niet, beautiful spot in Sonoma County, amp Meeker, California.

The Reverend and Mrs. James Otis Lindin's (he was first dean of the Church Dinity school of the Pacific) only child, a girl, orothy Lincoln, died in her eighth year, and t. Dorothy's rest had its beginning in 1951 her honor. From this tragedy came the visno of starting a rest home for underpriviged children. Dr. Lincoln's motivating ought was: "We believe each life is fair and sacred. Our aim is to help all children ow into strong personal life and be proud acting as foster parents to the new age."

This vision has been more than fulfilled the thousands of children, boys and girls, ho have been privileged to come and do remember with joy every summer for some years ter.

Each building was given as a memorial Planted in sorrow, watered with tears, edicated to joy." For instance the infirmary as given in memory of a crippled son, welve other commodious and adequate tildings were likewise given which includes lovely wooden chapel built of the red wood om the magnificent trees growing in this ction of California. The chapel is encircled ad guarded by these towering trees which ar up into the sky for some hundreds of et.

In describing this lovely place one must note Bishop William Ford Nichols: "It is crown of faith and faithfulness. As a crown it is diademed with the achievement and friends it has found."

Dr. Lincoln died some years ago. The work has been carried on ever since by the consecration and devotion of Mrs. Lincoln. A board of directors of which the Bishop of this Diocese of California is President exofficio, and is supported by community chest, private contributions and endowments. Mrs. Lincoln, now over ninety years of age, continues to be the moving spirit of this project. It was my privilege to meet this gracious and charming lady in 1949. Age has left its marks on her physical frame though her mind is still as keen as ever.

How well I recall Mrs. Lincoln in 1949 when I came to act as Chaplain at St. Dorothy's Rest. The first night the boys and girls came she explained to them the "club" she had started to keep the premises clean. The duties were to pick up any papers or litter; to ask those they saw throw papers down to pick them up. I joined the "club." The morning after, going to chapel I saw paper on the ground and passed it by. Luckily my conscience was acting and I went back and picked it up. Morning after morning I picked up the few papers until finally the



SISTERS AND CHILDREN AT THE SEA SHORE

boys and girls caught on to the rules of the game, then the whole camp was kept spotlessly clean.

That evening the 'good-night ceremony' was carried out which is still said every night. The children gather around the piano and sing the 'Four-leaf-clover.' Mrs. Lincoln then asked "What is our motto? The answer came in unison: "Deus haec otis fecit—God has made this place a rest." What are the three great things?" "Never tell a lie; Never say die; Never stick your finger in another man's pie." That it has had its effect is evidenced by the many hundreds who look back on the time spent at the Rest as some of the happiest hours of their life.

In 1943 the Sisters of the Transfiguration were given the management of the Rest. They have done and are doing a splendid work. Four or five sisters are in residence while the camp is open from the first of Ma to the end of October, Chaplains are on th premises to celebrate Holy Communic daily. No children are required to come to chapel in the morning. In the late afternoon the whole family gathers together for ever ing prayers at which time instructions as given. It is a joy to see how everyone lool forward to this service. The children as kept busy having a happy time, with the usual recreations, swimming, picnics, partie etc. There is never a dull moment. One ver valuable period is the art crafts. All the an the children make are given to them to tal these home for parents or friends. Man worthwhile and beautiful things are mad

The camp for children opens as soon school is out and continues until school open in the fall. Other times are given over f



ARRIVAL AT THE REST



EVENING SERVICE IN THE CHAPEL

treats and conferences. The whole camp akes an ideal center for this purpose. Seval large retreats for men and women are ven every year through September and ctober. Retreats may be arranged for by riting the Sister-in-Charge.

One very important work being carried is the rest house for women. A large bomy house, magnificently situated with a aperb view of the valley and mountains. It set apart from the buildings of the children's camp. The house has every modern aprovement, private or semi-private rooms re available. At this house a matron is in esidence all the time as well as its own decial cook. The cost is only \$3 a day, aturally in these high-cost-living days it as an outside source to make up the deficit, myone travelling from the East would be ise to stay for a couple of weeks or longer, isitors are always welcome and one would

profit by putting it on their itinerary. One would be proud to see what our Church is doing there. I have been fortunate in being at St. Dorothy's for the month of June, 1952, as chaplain and enjoyed every minute.

Yesterday a newspaper reporter called to get information to give St. Dorothy's a write up. She asked one of the counsellors why it was there were so many. He said it was because of the religious atmosphere. There are 11 counsellors, several younger "helpers" in addition to the sisters, for 50 children. The counsellors say they would rather take less money with the religious atmosphere than go to another camp where probably they get twice or three times as much as a counsellor without the spiritual opportunities. It is surprising how many of the counsellors and boys and girls come to the daily Mass.

St. Dorothy's Rest is easily accessible by bus or auto from San Francisco.

The Order of St. Helena

Helmetta Notes

On April 7th and 8th Father Gunn, O.H.C., gave us instruction on the Rule of the Order.

Father Kroll, O.H.C., made us a visitation from April 9th to 12th.

On the afternoon of the 12th, Father Parsell, O.H.C., recently returned from Africa, dropped in with his family and, early in the call, mentioned invitingly, with a sparkle in his eye, that he had some new slide films of Africa and "happened" to have a projector with him. A sheet was hastily tacked up on a door and he showed us beautiful slides with a running accompaniment of comments, interspersed with asides to our novice, Sister Mary Michael, who spent the two years previous to her entrance into the Order in Africa. "There you are in a pink dress; and there you are. See, just leaving Bolahun!"

On April 11 Sister Jean was sent to the Kentucky Convent.

The move to the new mother house in Newburgh, New York, is coming very near and the air is full of plans and problems. Every so often Sister Josephine and a sister or two go off in the Convent car, which has been packed to the doors with an assortment of household objects, to sign documents or struggle with carpenters. The sisters bring back alluring descriptions of some new beauty in the garden, of a clump of daffodils under a grove of birches or a hawthorne in full bloom. We had hoped to move in by the first of June, but Father Kroll, who stopped in on his way down from West Park, shook his head and said, "They'll never be ready by the first." And though we have moved the date of our expected hegira a little farther along, it is still the great matter of the hour.

Our Chaplain, Father Latimer and his son Charles, have given us a most beautiful crucifix carved by the sculptor, Derujincki. "It belongs in a Convent," said Father Latimer, "It's impact is too great for a private house." It is hardly possible to look at this crucifix and not worship.

Notes From Kentucky

Spring in Kentucky this year was all the it should be as a background to the East Mass. We always sing Hail Thee Festing Day, and this year it was to a setting radiant sunlight, blue sky and pink a white crab apples and quantities of daffodi decorating the chapel and alive and dancing the wind outside.

The Holy Week Liturgy was shared five guests including three "old" girls and former teacher.

On Maundy Thursday a twenty-four ho watch was kept, and the Altar of Reports was even more beautiful than usual. Friend faculty and alumnae gave us calla lilie stock, pots of tulips, and Easter lilies.

On Good Friday the Mass of the Pr sanctified was offered at school with the sistance of the wacolytes. Then we attend the Three Hours at St. John's Church. J Mollegen of the Virginia Seminary w preacher.

The restored liturgy was used by us the first time this year, the lighting of the Paschal Candle was on Easter Even and the rest of the service at midnight. Easter moving there was the sung Mass as usual.

April 8th the wacolytes came to tea at convent. We celebrated with Mrs. Me Evoy's banana cake, and tea out of mu without saucers, just as the sisters have the Sour wacolytes not only do a large part the sacristy work under Sister Frances' rection throughout the year, but the expectation work of Holy Week, Tenebrae and East would be almost impossible without them.

On Thursdays in April there are teas a parents at the school. Mrs. Tapp spoke teaching of reading to the mothers Group I.

April 11 a Study Habits Clinic was he The group discussion method was follow with conferences on special subjects: 6 how to study language, how to write a Chatian Doctrine Book Report, etc.

April 18-20 a retreat was held at the covent for some women of All Saints' Paris



THE PASCHAL CEREMONIES AT MARGARET HALL SCHOOL

ndianapolis, of which Father Cirlot is recor. Meditations were given by Sister Ignatia.

April 23 Miss Freeland represented the rincipal at a meeting of the National Counloid of Independent Schools at the Louisville ountry Day School. Dr. Francis Parkman as speaker.

April 23 Sister Frances spoke at Elwood, adiana, on the Religious Life.

April 25, the Guild of St. Helena gave its mual luncheon at the new Grace Church, ouisville. Sister Frances spoke.

May as usual was filled with parties and cnics and other more serious events of the d of the school year.

May 1st two plays were given: Parade at e Devil's Bridge and The Sausage Maker's terlude, by Ghéon. The plays were coached Mrs. Tocher.

May 6th Mass and Corporate Communion

of the Guild of St. John the Divine was followed by a festival breakfast.

May 12th The Diocesan Convention met at Versailles. The juniors and seniors helped serve lunch at the parish house, and tea was given at the school for the delegates of the Woman's Auxiliary.

May 16th Mozarts' opera, *Papageno*, was given, under the direction of Miss Rose Mossel.

May 23rd was May Day. The Annual Alumnae Luncheon was held at the school. Speakers were Miss Emily Campbell, '48, who has just graduated from The Johns Hopkins Hospital as nurse, and Mary Anne (Howard) Amsbury, '40, author of a first novel, Caesar's Angel.

In the afternoon the Crowning of the Queen was held out of doors with a ballet by the lower school.

The school is being made the recipient of a beautiful memorial. When Mrs. Hopkins

died her family asked that, instead of sending flowers, her friends contribute to a fund to be given to the school in her memory. Their great generosity is enabling us to buy a statue of Our Lady for the Chapel, designed for us by the sculptor, James Wines. Our make-shift chapel is at present a room in the basement of the school, which we have long since outgrown. We felt that anything so important as a beautiful memorial statue should not be compressed to go into inadequate and temporary surroundings. So, with the statue of the Madonna and Child as keynote, the architect, Mr. Ward Sterling, who is Sister Jeannette's brother, as a memorial to their mother and father, is giving us drawings for the chapel we hope soon to build.

Retreat and Advance At Mount Calvary

During the winter and spring, in addition to the preaching work done away from Mount Calvary, we have been busy with the retreat work. The "retreatments," as the local newspaper once called them (appropriately, it seems to us) come from parishes mostly to the south of us, but we have had several groups from the San Francisco area. They arrive Friday evening, in time for an evening address. The silence begins at this point and continues until dinner at Sunday noon. The only person we ever heard of who objected to the rule of silence was himself normally a very taciturn fellow. Now, who can explain that?

Our schedule for retreatants is somewhat different from that observed elsewhere. The men have Mass at 7:30 a. m., with breakfast at 8:00 a. m. Then, Morning Prayer is said at 9:15 a. m., followed by an address. There are three other addresses given during the day, at 11:00 a. m., at 5:00 p. m. and at 8:00 p. m. In California the siesta is important, and it is observed carefully at Mount Calvary. We have known tired men to sleep all afternoon, and it is interesting to watch the lines of weariness gradually disappear from faces. Evening Prayer is said at 6 p. m. and "Night Prayers" at 9 p. m.

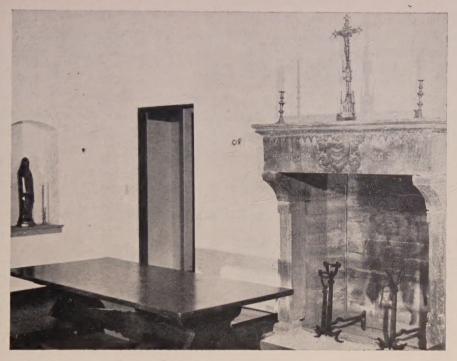
Another custom peculiar to our monastery is the growing one of a parish priest

coming with his vestry to make a week-er retreat.

Altogether we are very happy over th way Mount Calvary is being used as a retre house. The gatherings for men have been so successful that the women began to sa "What about us? Can't we have a place for retreat also?" We are happy to announce that an unknown donor has bought and prosented to the Sisters of the Holy Nativity a beautiful and suitable house where retrea for women will be conducted, beginning June of next year. Both men and women a now provided for on the great West Coa of our Country. Before the question raised, we hasten to say that we will not,repeat NOT-establish a nursery for the children of parents coming to Santa Barba for retreat!

So much on the matter of retreat. Ar now we have good news also in the way advance. The last unit of Mount Calva has been completed by the generosity of friend. This wing of Mount Calvary w serve the double purpose of affording restful accommodation for visiting bishoand others who wish especial quiet an seclusion, as well as an infirmary for t sick. Some time ago this need for an i firmary was brought home to us, when young man whose home was in Chica: came to visit us. He suddenly came dow with a high fever. The doctor who saw h told us to isolate him. But we had at the time no secluded room. Now through t generosity of Robert Clark a suite has be furnished which will afford proper care t a sick man. Since this wing of the monaste is outside the technical enclosure, the moth of the sick person could visit him a female nurses could be in attendance critical cases. Of your charity give than for this munificent gift and say a prayer Amy in whose memory the memorial given.

Other advance of less import shows its in the growing beauty of the gardens, necessary for the improvement of souls s in body or soul whose cure has made name "Mount Calvary" fragrant on | West Coast.



THE REFECTORY—MOUNT CALVARY MONASTERY (Photographed by George F. Weld, Santa Barbara, California)

Notes

Father Superior continued to assist the shop of New York with the confirmations ring the month of May, taking services at: . John's, Cornwall; Good Shepherd, Gran-Springs; Holy Cross, Kingston; Saint tul's, Pleasant Valley; Saint Andrew's, w Paltz; Saint John's, Monticello, and 1 Saints, Rosendale. After these appointents he went down to Saint Andrew's hool to attend the commencement exer-

Father Kroll preached at Christ Church, rewsbury, New Jersey; and toward the d of the month left for the South, where conducted a retreat at the Kanuga Concence, Hendersonville, North Carolina.

Father Parsell has been busy since his turn from Liberia informing the Order d the Church at large about the progress the Mission. During the past month he s spoken at Saint Augustine's Church, Asry Park, and Saint Thomas's, Red Bank, ew Jersey; given two addresses and a k to the Woman's Auxiliary at the Chapel

of the Intercession, New York City; and done similar work at the Church of Saint Michael and Saint Mark, Brooklyn.

Father Harrison preached at Saint Clement's Church, Philadelphia, Pennsylvania, and at a presentation service the next day in the same city.

Father Hawkins preached at Grace and Saint Peter's Church, Baltimore, Maryland, on Whitsunday.

Father Harris gave a talk to the women of Saint Paul's Church, Albany, New York, on the work of our Liberian Mission.

Father Bicknell preached at St. Mary's Chapel, Baltimore, Maryland; and gave a talk on Religious vocation to a regional meeting of the American Church Union which had its meeting at the convent of the All Saints' Sisters, Cantonville, Maryland.

Father Packard gave an address on the work of the Liberian Mission to the Woman's Auxiliary of the Diocese of Albany at the Cathedral, and at Saint John's Church, Monticello, New York; made a tour of some of the Seminaries on behalf of the Seminarists Associate of the Order; conducted

two retreats for the Confraternity of the Love of God; the first for men at Holy Cross Monastery, the second for women, at the House of the Redeemer, New York City.

Father Adams continued with his work as chaplain to the Episcopalians at Sing Sing; preached at Trinity Church, Watervliet, New York, on their titular feast.

Father Gunn conducted a quiet day for Woman's Auxiliary of the Diocese of Rochester at St. Andrew's Church, Rochester, New York.

Current Appointments

Father Superior will return to Holy Cross early in June and on the twelfth will preach the baccalaureate sermon at Saint Mary's School, Peekskill, New York. On the tenth he will confirm at Saint Paul's Church, Tivoli, New York, and on the twenty-seventh will give the commencement address at Saint Mary's-in-the-Field, Valhalla, New York.

Father Kroll will preach the baccalaureate sermon at Margaret Hall School, Versailles, Kentucky, on June 7.

Father Parsell will take a trip out to our western house in June, stopping off in Chicago on the way to preach at the Church of the Ascension on the seventh; and at All Saints' Cathedral, Milwaukee, Wisconsin, June 14.

Father Hawkins will give the address at South Kent School's Prize Day on June 6; and will preach at All Saint's Church, Indianapolis, Indiana, June 14.



A VISIT TO THE MONASTERY

Now anyone and everyone can enjoy the beauties of the Monastery at West Park and see the Religious Life as we live it. In pace with the popular appeal of Visual Education, the Order of the Holy Cross offers to lend sets of colored film-slide (2" x 2") to parish groups wishing to study the Religious Life. There are seventy slides illustrating every portion of the buildings and covering the full round of "a day in the life of the monk." Complete description and background information for their effective use is provided by a specially prepared script and a handbook. The latter may be purchased (for \$1.00) for parish libraries, or returned with the slides. The slides are not for sale, but will be sent on loan for the expense of postage and any offering which may be received at their showing. Address requests to: "O.H.C. Slides," Holy Cross Press, West Park, New York.

Father Bicknell will again take part in Valley Forge Youth Conference. He is now a veteran of this institution for thinks that this is his fourteenth year attendance. But this record is scarcely to the recent biographical item given him a Pennsylvania newspaper where it vecolly stated that he had been a member the Order for 78 years. This would put hahead of both Fathers Hughson and Secretary Property of the Pathers Hughson and Pathers Hughson an

Father Packard will conduct a retr for men of Grace Church, Mohawk, N York, at Holy Cross Monastery, June 12-

Father Adams will conduct a quiet at the Cathedral of Saint John the Div New York City, June 9.

Father Gunn will conduct a retreat men of the Brotherhood of Saint Andrew Pittsburg, Pennsylvania, June 12-14.

Father Stevens will be chaplain of Valley Forge Conference, June 21-27.

An Ordo of Worship and Intercession June - July 1953

- 6 Tuesday G Mass of Trinity ii col 2) of the Saints 3) ad ib-for religious education
- Wednesday G Mass as on June 16-for persecuted Christians
- 3 St Ephraem Syrus CD Double W gl cr-for chaplains in the armed services
- SS Gervasius and Protasius MM Simple R gl col 2) of the Saints 3) ad lib-for the Priests Associate
- Of St Mary Simple W gl col 2) of the Holy Spirit 3) for the Church or Bishop pref BVM (Veneration)
 -for the Community of Saint Mary
- 3d Sunday after Trinity Semidouble G gl col 2) of the Saints 3) ad lib cr pref of Trinity—for conferences and camps
- 2 St Alban M Double R gl col 2) St Paulinus of Nola BC-for the Church of England
- Vigil of St John Baptist V col 2) of St Mary 3) for the Church or Bishop-for Christian reunion
 - Nativity of St John Baptist Double I Cl W gl-for the Community of Saint John Baptist
- Within the Octave Semidouble W gl col 2) of St Mary 3) for the Church or Bishop-for Saint Andrew's School
- 5 Within the Octave Semidouble W Mass as on June 25-for Christian family life
- Within the Octave Semidouble W Mass a) of St John gl col 2) Vigil of SS Peter and Paul 3) of St Mary LG Vigil or b) of the Vigil V col 2) Octave 3) of St Mary—for the Seminarists Associate
- 8 4th Sunday after Trinity Semidouble G gl col 2) St John or pref of Trinity—for the Servants of Christ the King
- 9 St Peter the Apostle Double I Cl R gl cr pref of Apostles-for the bishops of the Church
- Commemoration of St Paul Gr Double R gl col 2) St Peter 3) St John cr pref of Apostles—for the conversion of sinners
- uly 1 Precious Blood of Our Lord Gr Double R gl col 2) St John cr pref of Passiontide—for the Oblates of Mount Calvary
- 2 Visitation BVM Double II Cl W gl cr pref BVM-for the Confraternity of the Christian Life
- St Irenaeus BM Double R gl col 2) Octave of the Apostles cr pref of Apostles-for Church theologians
- Within the Octave of the Apostles Semidouble R gl col 2) Translation of St Martin BC 3) of St Mary cr pref of Apostles—at Votive Mass of Independence Day W gl cr—for our country
- 5 5th Sunday after Trinity Semidouble G gl col 2) Octave of the Apostles cr pref of Trinity-for the peace of the world
- Octave of the Apostles Gr Double R gl cr pref of Apostles-for vocations to the Religious Life
- SS Cyril and Methodius BB CC Double W gl-for the Church in Russia
- Wednesday G Mass of Trinity v col 2) of the Saints 3) for the faithful departed 4) ad lib-for the faithful departed
 - Thursday G Mass of Trinity v col 2) of the Saints 3) ad lib-for the Confraternity of the Love of God
- Friday G Mass as on July 9-for Mount Calvary Monastery
- Of St Mary Simple W Mass as on June 20-for the Order of Saint Helena
- 6th Sunday after Trinity Semidouble G gl col 2) of the Saints 3) ad lib cr pref of Trinity—for the reconciliation of enemies
- Monday G Mass of Trinity vi col 2) of the Saints 3) for the faithful departed 4) ad lib-for the Holy Cross Press
- St Bonaventura BCD Double W gl cr-for the Franciscans
- Wednesday G Mass of Trinity vi col 2) of the Saints 3) ad lib-for the Liberian Mission
- Thursday G Mass as on July 15-for social and economic justice

Father Drake's Page . . .

Shad Fly . . .

The shad season is on here in the valley, and while I am anti-shad, I don't particularly mind if the fish choose to spawn in the Hudson. What I heartily dislike is the plague of tiny flies, swarms of which arrive with the first shad run. They look like minute house flies and they have a painful little stinger. Their bite is poisonous to some, and I'm one . . . swelling up almost immediately and nearly driven to drink by the itching. Otherwise, the valley is lovely in the merry month. Come and see us, but bring your own citronella. I should add that both the shad and the flies leave at the end of May, but then come the mosquitoes so

Other Plagues .. .

Far more annoying and painful is the swarm of "ecumenical" (sic) communion services, part-episcopal-part-presbyterian parishes, and what not, which is now plaguing the Episcopal Church. I am glad that the American Church Union has spoken out on this matter of vital concern to all who love the Church, and if you aren't now supporting the ACU you ought to do so at once. Address: 347 Madison Avenue, New York 17, and look at their advertisement in this issue.

Long Delayed . . .

Action by General Convention on the whole matter of these lawless and divisive acts on the part of bishops, and other clergy, has been too long delayed. The longer the delay the more difficult it will be to deal with the situation, and if we delay long enough, such practices will be taken as "normal".

Mowbray (London) . . .

This venerable publishing house is now completing plans to bring out an edition of Father Hughson's "Spiritual Letters" for distribution in England and throughout the United Kingdom, with the exception of Canada. We are still accepting orders from Canada, but all others are referred Mowbray. Early autumn has been set at the time when the Mowbray edition was appear.

Feel At Home . . .

In the late summer of 1950 the Rector a Washington parish issued a little boolet which deserves to be better known. It "Notes for a Newcomer in a Catholic Paish", and it surely fills a need. It is sho simple and not at all technical. It answe the questions that "strangers within or gates" usually ask. The price is 15c plus few cents for postage. One Hundred copi for \$12.50, plus postage. Order from: Topokstall, Ascension and St. Agnes' Paris 1215 Massachusetts Ave., N.W., Washington 5, D. C.

Pamphlet On Penance . . .

We have just read "Penance in the Prayer Book" by the Rev'd Grieg Taber and wavery much that we were the publishers. It tops, and exactly what you have been looking for to hand to that Prayer Book Church man who doesn't "believe in Confession It is published by The National Guild Churchmen, 145 West 46th St., New Young 36, and is one of a series of excell Tracts. This Guild is organized to maintain defend and propagate the historic doctrip practice and teaching of the Anglican Communion as held by the Episcopal Church and contained in the Book of Communion Prayer. Membership is \$2. annually. Widirect.

Cordially yours,

FATHER DRAKE,

Priest Associate, O.H.

May 1st, 1953